# CSR Team Member and Community Care Plan

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## COVID-19 Team Member Assistance Fund

- ❖ DDCO may provide eligible recipients a maximum donation of \$1,000 (grossed up for tax purposes) as determined appropriate by the COVID-19 Team Member Assistance Fund Committee.
- Severe financial hardships are catastrophic in the following circumstances, but are not limited to:
  - Foreclosure or eviction on a primary residence
  - Payment of medical and/or dental expenses that impacts basic needs such as shelter, utilities, and food
  - Partner/spouse's loss of job that significantly impacts basic needs such as shelter, utilities, and food
  - ❖ A natural disaster, fire, or other emergency that impacts significant loss or destruction of property
  - Childcare payment made to another childcare provider due to the closure of a daycare or public/private school
  - \* Expanded family need family member(s) move in with the team member due to job loss, causing a hardship to the existing family structure.

## Calm App



#### Sleep better

Join the millions who drift off to Calm's Sleep Stories, music, and meditations each night.



#### Reduce stress

Utilize meditations, breathing exercises, and other mindfulness techniques to reduce stress.



#### **Build resilience**

Learn skills and develop habits to strengthen your mind, cultivate more mindfulness, and build resilience.



#### Increase focus & creativity

Sharpen your mind and find your flow with Calm's expertly curated music tracks, meditations, and nature sounds.



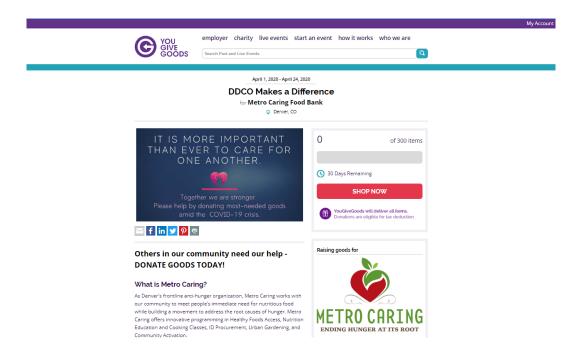
#### Relax body & mind

Practice light stretching and physical exercises designed to relax your body and mind.



**Added benefit**: Earn up to 200 Vitality points when you use Calm to meditate. Find more details on PowerofVitality.com under the Resources tab.

## Virtual Food Drive & Volunteering



Virtual Volunteer Opportunities for Team Members:

**Hunger Free Colorado** - Food Navigators

**Florence Crittenton** - Story Leader during *Literacy from the Living Room* **A Little Help** — Chat with an older adult to provide company and comfort during this stressful time.

### DDCO Oral Health Care Item Donations

- Over 51,000 items distributed to food banks and shelters:
  - Food Bank of the Rockies
  - Metro Caring
  - Food for Thought
  - The Action Center
  - Servicios de la Raza
  - Project Angel Heart
  - **❖**A Precious Child
  - Mile High Behavioral Healthcare



## Client Assistance – Dental Insurance Benefits

- Grace period for premium payments
- ❖ Flexible employee eligibility
- Continuation of coverage
- ❖ Allow for a 60-day special enrollment period for added flexibility
- ❖ Aligns with DORAs Policy Directives for Small and Large Group Health Benefits Plans Related to COVID-19 issued on March 27<sup>th</sup>.



## Delta Dental of Colorado Foundation & the COVID-19 Relief Fund





- ❖ The fund will be overseen by a committee of community leaders from across Colorado and will be providing aid to support Colorado communities and organizations affected by the recent outbreak of COVID-19.
- Funds will provide flexible resources to organizations in our state working with communities who are disproportionately impacted by the outbreak.
- Find more information and donate at www.HelpColoradoNow.com